

O Thou From Whom All Goodness Flows

Thomas Tallis

Arr: PKN - Oven Ready Plus

Essential

Optional

Introduction and interlude

5

1. O Thou from whom all good - ness flows, I
2. When tri - als sore ob - struct my way, And
3. If worn with pain, dis - ease, or grief This

8

lift my heart to thee; In all my sor - rows, con - flicts,
ills I can - not flee, O let my strength be as my
fee - ble spi - rit be; Grant pat - ience, rest, and kind re -

11

woes, Dear Lord, re - mem - ber me. When
 day: Dear Lord, re - mem - ber me. If,
 lief: Dear Lord, re - mem - ber me. And

14

on my poor dis - tres - sed heart My sins lie heav - i -
 for thy sake, up - on my name Shame and re - proach - es
 O, when in the hour of death I wait thy just de -

1. When on my poor dis - tres - sed heart my sins lie
 2. If, for thy sake, up - on my name shame and re -
 3. And O, when in the hour of death I wait thy

Rall and pause all verses

ly, Thy par - don grant, new peace - im - part: Dear
 be, All hail re - proach and wel - come shame: Dear
 cree, Be this the prayer of my last breath: Dear

hea - vi - ly, thy par - don grant new peace im -
 proa - ches be, all hail re - proach and wel - come
 just de - cree, be this the prayer of my last

Lord, re - mem - ber me.
 Lord, re - mem - ber me.
 Lord, re - mem - ber me.

part: re - mem - ber me.
 shame: re - mem - ber me.
 breath: re - mem - ber me.

Optional interlude after verse 2