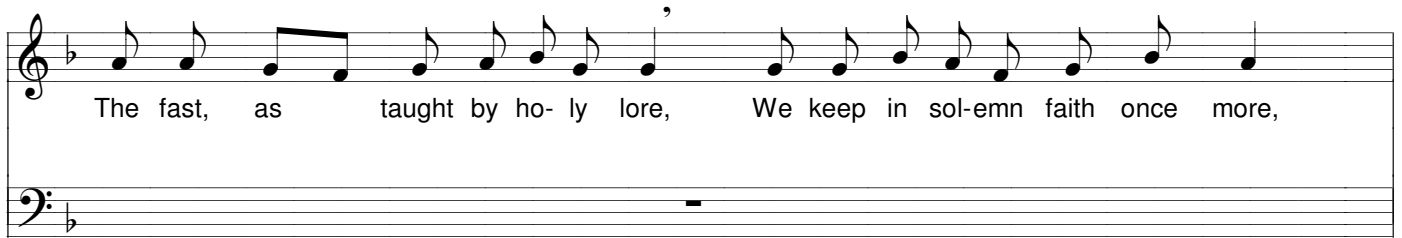
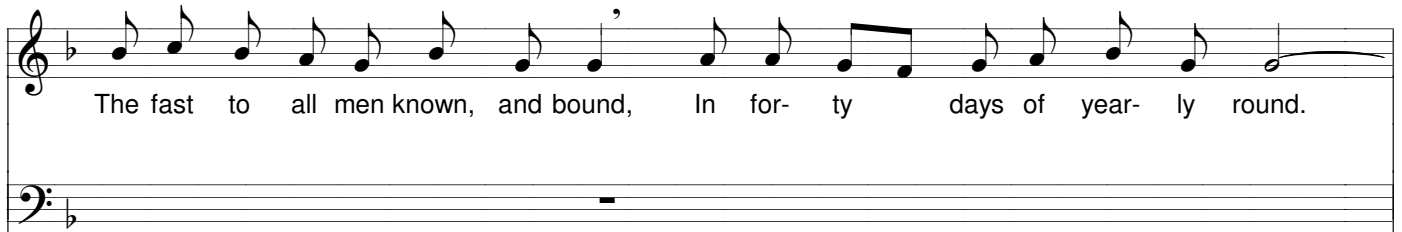


# The Fast, as Taught by Holy Lore

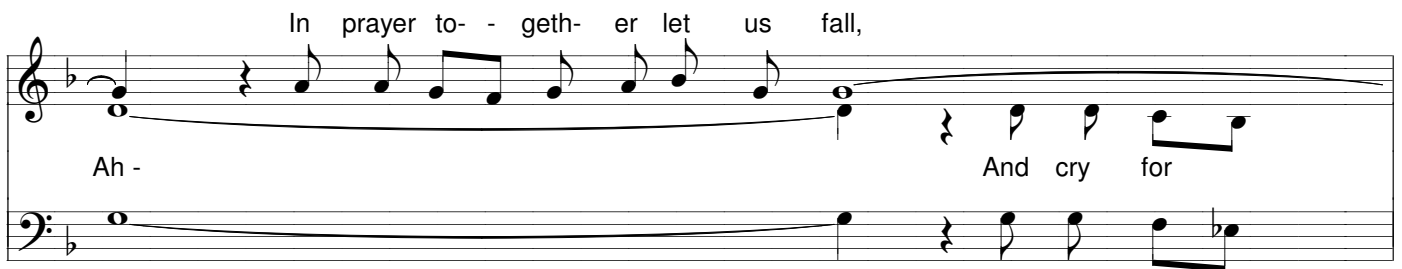
Arr:PKN




The fast, as taught by ho-ly lore, We keep in sol-emn faith once more,



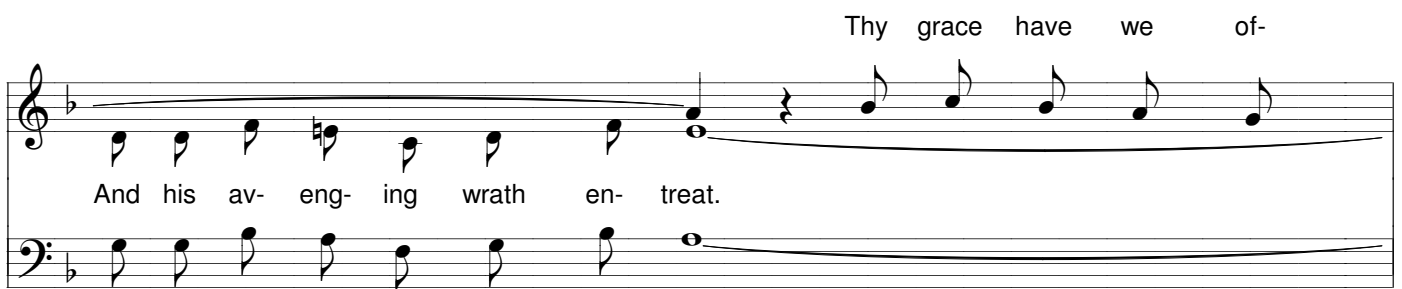
The fast to all men known, and bound, In for-ty days of year-ly round.



In prayer to- - geth- er let us fall,  
Ah - And cry for



And weep be- fore the jud- ge's feet,  
mer- cy, one and all,



Thy grace have we of-  
And his av- eng- ing wrath en- treat.



fen- ded sore;  
By sins, O God, which we de- plore;

But pour up- on us from on high,

O pard'- ning one, thy

clem- en- cy. For- give the sin that we have wrought;

In- crease the good that we have sought: That we at length, our wan-

d'rings o'er, May please thee - here and ev- er- more. A- -

A- - - men, A- - - men, A- - - men,

A- - - men.